

INFANT SLEEP POSITION POLICY

In an effort to reduce the risk of SIDS, the following policy has been implemented:

1. Infants under 12 months of age shall be placed on their backs on a firm, tight-fitting mattress for sleep in a crib or on a cot.
2. Waterbeds, sofas, soft mattresses, pillow and other soft surfaces shall be prohibited as infant sleeping surfaces.
3. All pillows, quilts, comforters, sheepskins, stuffed toys and other soft products shall be removed from the crib.
4. If a blanket is used, the infant shall be placed at the foot of the crib with a thin blanket tucked around the crib mattress, reaching only as far as the infant's chest.
5. The infant's head shall remain uncovered during sleep.
6. Unless the child has a note from a physician specifying otherwise, infants shall be placed on the back for sleeping.
7. When infants can easily turn over from the supine (back position) to the prone (stomach position), they shall be put down to sleep on their backs, but allowed to adopt whatever position they prefer for sleep.